



Jesus College, Oxford

Freshers' Study Guide
2022

<https://jesuscollegeintranet.web.ox.ac.uk/academic-office/student-handbooks-guidance>

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Introduction

This guide is intended to introduce how to get the most from your teaching while at Oxford. We have tried to answer the questions likely to arise in the first few weeks of your time at Jesus College. It is not intended to be a definitive set of rules because every student has their own approach to work and should know how they study to best effect. Part of the challenge of moving to university is learning how to manage your time to fit the demands of your course. You will find that different courses have different work patterns, in terms of both the kind of work and how many hours of formal teaching/practicals you receive and spend in personal study. If you have any questions about how to approach an aspect of your academic work please do ask your tutors!

This guide is also available on the College website at:

<https://intranet.jesus.ox.ac.uk/academic-office/student-handbooks-guidance>

Teaching at Oxford is very different to most universities in the UK, with the tutorial at the centre of all undergraduate courses. You will meet your College tutors within your first few days at Jesus. Some subjects have one College tutor whereas others, particularly the joint schools, will have several. Your College tutor may be either a Fellow of the College, or a College Lecturer, who has expertise in a specific area. During your time at Oxford you should also expect to be taught by Fellows and lecturers at other colleges, when they have specialist expertise in areas which your College Tutor(s) does not.

This guide will:

- Explain the teaching system and its requirements
- Suggest ways to manage your work effectively
- Provide information on sources of feedback
- Provide information on academic and personal support

A study guide may also be provided by your Department or Faculty tailored to your subject needs: the Jesus College Freshers' Study Guide is complementary to this information.

Teaching at Oxford

Each course at Oxford places a different emphasis on lectures, seminars, classes, practicals and individual teaching. Your Department or Faculty will run introductory sessions in the first few weeks of term to explain the emphasis within your subject. This may be in large classes or in individual sessions with your tutor.

The **tutorial** is central to teaching at Oxford. It normally involves a tutor and two undergraduates (or occasionally one, three or four undergraduates) and you will normally have at least one tutorial a week for the eight weeks of Full Term, each lasting about one hour. This will require you to prepare work either to submit in advance or to take to the tutorial. At the tutorial you will discuss the work you have prepared (e.g. an essay or problem sheet) and its wider implications with both you and the other student(s) present (your tutorial partner(s)).

While organising tutorials is a College responsibility, **lectures** and **seminars** are organised by Departments and Faculties. These are given by Oxford academics and sometimes highly respected scholars from other institutions. The lecturer will be an expert in the subject and will have researched in that area, collating even the most recent information and presenting it coherently. The lecturers will be able to provide you with an analysis of the subject matter enabling you to understand the breadth of your subject, thus allowing more informed specialisation in later years. It is also useful to hear information delivered in different ways, particularly if the lecturer is renowned within their field or beyond. Remember, attending lectures is not a shortcut – they are not a substitute for studying by yourself!

Many subjects use **small group teaching** where you get more individual attention from lecturers than in a formal lecture, but less than in a tutorial. In these classes you will benefit enormously from the exchange of ideas with other students. You may also be expected to undertake group-work such as presentations. Take group-work seriously – it is an excellent ‘transferable skill’ for when you start your career after your degree – most jobs do not involve spending most of your time reading alone! In the Sciences, you are likely to have practical classes each week. These are essential to help you develop your knowledge of the subject and become adept at handling ‘the tools of the trade’, be they pipettes or theodolites. Some subjects also use field trips and excursions to reinforce teaching and show you the resources available within the University and further afield.

What happens in a tutorial?

Your tutorials will be organised by your Jesus College tutor, with the first being arranged when you meet for the first time in 0th Week. This will usually take place in the tutor's office or study in College, or it may take place in their office in their department. Your first tutorials are likely to be with a Fellow of Jesus College or a College Lecturer, but later on they may be with a specialist in your subject who is associated with another College. All undergraduates usually have one or more tutorials each week for the eight weeks of Full Term, each lasting approximately one hour. You may be required to produce work in advance or to take it along to the tutorial for marking afterwards. Your tutor will tell you what they want you to do.

In the Arts, Social Sciences and Life Sciences the work will normally take the form of an essay. Mathematicians and Physical Scientists will usually have a set of problems to solve, but they may also be given essays in some topics. Some tutors like students to read their work aloud, summarise the main arguments of the piece or work through a problem on a board, whereas other tutors simply like to hold a discussion on the work. It depends on the tutor and the subject matter. If you are unsure what is required of you, ask your tutor when they set the work.

How do I prepare for a tutorial?

It is important to be well prepared for a tutorial. If you are unprepared and have little to contribute, you are wasting your time and your tutor's and tutorial partners' time. The tutorial is your opportunity to develop your ideas, challenge your tutor, clarify issues etc – make the most of them! As soon as you receive the reading list and essay title or problem sheet, read through the instructions thoroughly and think about the questions or title. Essays and sets of

problems are often based on the lectures you have received or on key texts from your reading list.

If you are unsure what is required of you (including the length of the essay) or have any difficulties, contact your tutor as soon as possible; do not be afraid to ask for guidance.

If you have an essay to produce, most tutors will give you a reading list to help you get started, or they will be able to recommend texts that will help you to target your reading effectively. Try to discuss the work with other students in College and your Department or Faculty. They may have some useful ideas or perspectives. You will need to organise your time to produce your work, maybe in less than seven days, whilst attending other lectures and classes. For advice on how to do this, please see the separate section on 'Managing your workload'.

At first, reading lists always appear quite daunting and most students initially feel that they need to read everything on the list in order to get to grips fully with a topic. Although this may be partially true, you will have a limited time in which to read and may have to cope with competition from other students for the same texts. It is therefore necessary to be pragmatic and make reading lists manageable. This can be achieved through some awareness of the purposes of reading and careful selection of the texts.

There are different types of reading lists. At the start of a particular course, you may be given a list of basic references fundamental to the course which will be referred to at different times and may be essential reading. You may then be given supplementary reading lists for specific essay topics: there is often one or more basic texts that is essential reading. Ask your tutor to recommend these basic texts and a few supplementary ones. If this is not possible, do a quick survey of some texts to find the ones most relevant to the subject or essay in question.

Using the library

When you have your reading list, set aside some time to go to the library and seek out the literature. You may find that you need to consult more than one library to find all of your key texts. During Freshers' Week you will have had library inductions, including sessions on how to use the computer-based catalogues. If you need further assistance with a catalogue, please ask at the Information Desk in any of the libraries. Take some time to explore the libraries in your first week here. A few minutes spent orientating yourself now could save you hours of frustration in the future.

There are basically three sorts of libraries in Oxford

- College libraries
- subject-based departmental or faculty libraries
- the large central library, The Bodleian (known as 'The Bod')

You will usually be able to borrow books and journals from the Jesus College and departmental libraries (with some restrictions), but all works in the Bodleian must be read in that library; you may purchase photocopies of texts in the Bodleian, but making your own notes is usually more effective (and cheaper!). There may be more than one type of subject-based library (e.g. the Taylorian and the Modern Languages Faculty Library: the Radcliffe Science Library, the Hooke Lending Library and Departmental/Faculty Libraries for the sciences). Tutors will advise on when to use these.

Obtaining books etc. in hard copy

1. Plan your work sensibly in the light of library opening hours. In particular, do not count on being able to read works at the last minute: they may be out to someone else or otherwise unavailable. If an important work is unobtainable, ask your tutor for advice.
2. When you go to the library, do not be tempted to pick up the first book on your reading list and take it back to your room. Take a moment to find your way through the text – it is recommended to use the contents pages and index to aid your search for information, you are not expected to read every page of a reference text! Your tutors and 'College Parents' will be able to suggest some key texts that are worth buying.
3. With so many texts available to you in libraries, it isn't necessary to buy lots of books. When buying books, buy second-hand wherever possible, but make sure they are the latest editions if this is likely to matter. Blackwell's on Broad Street has a good second-hand section. If you do buy any books for study, it should be possible to claim back part of the cost through the College Book Grant, so please keep your receipts. You will need to have your claim approved by your tutor at the end of the academic year. You can get more details of this scheme from the College intranet:

<https://intranet.jesus.ox.ac.uk/academic-office/grants-forms>

Resources online

An increasingly large number of journals, books and other research resources are available online, which can provide quicker access, so familiarise yourself with what there is in your subject.

Reading and note-taking

Rather than just deciding to begin at the beginning, it is worth thinking about how to approach reading a book.

1. Begin reading by browsing or surveying the book. Study the table of contents and index to see how the ideas in the book are structured. From chapter headings and subheadings, you may be able to note those sections that are most relevant for your purposes.
2. Check the publication date. This may alert you to the position of the book either in relation to recent ideas, current data or particular subject paradigms.
3. Read the abstract, foreword, preface and introduction, as these tend to contain the structure of the book and a summary of the main themes.
4. The body of the text will contain, in carefully arranged chapters, all the relevant material to support the themes and ideas.

5. Conclusions provide a summary of the main ideas and may point to a different perspective arising from the author's discussion of the material.
6. Indexes are located at the back of some books. They should not be ignored. They list the topics covered in the book with appropriate page numbers for each subject. Using the index for references to a specific topic will prevent you wasting unnecessary time.
7. For factual information, it is often unnecessary to read the whole book. Carefully skim the table of contents and index to select the most useful parts.
8. If you have a particularly difficult piece to read, you may need to read it more than once – first to understand the basic ideas, then more closely to get answers to the specific questions you have in mind. You may need to go back and read a simple text as an introduction.

Notes are taken for different purposes determining the amount of detail required. You might be tempted to try and write down everything you read. This is just not practical or effective. You will not know whether you properly understand the text if you do not master the art of note-taking by synthesis. When making notes, look for the key points or main ideas. These may be summarised in the preface, introduction and at the beginning of each chapter. Headings and subheadings may be useful indicators as well as where the author places stress on particular words, by italicising, underlining or putting into bold. Main ideas have to be supported with detail and this can vary according to the potential use of the notes. You may well need to use the notes for revision a year or several months ahead, so they will have to contain sufficient detail and be organised in such a way that they can make sense at a later date. Generally, detailed information should support, clarify or illustrate the main ideas.

At university, tutors are definitely not looking for a regurgitation of your notes. Be critical when you read. Ask yourself some of the following questions:

- Is the material well presented?
- Do the facts support the main ideas of the author?
- Is the author biased?
- Does the material support the conclusion?
- How does the author's perspective compare with those of others who have written on the same subject?
- What is your perspective?

As you start to read, you should begin to develop the arguments for your essay or start to think about how to solve the problems.

- Remember always to bear in mind the questions you have been asked, as this will help you to understand what the tutor is looking for and it will also help you to focus your reading and note-taking.

- In some subjects, it can be useful to take notes under broad subject headings on separate pieces of paper, rather than to separate your notes by virtue of which text they were taken from. Use sub-headings, coloured ink or highlighting to make your notes easier to navigate.
- Try to avoid overlong notes; you should be creating a précis of the ideas. This will also help you to avoid unintended plagiarism (see 'Plagiarism' below and Appendix A). Always note down the source of the information (see 'Citing references' below).
- Discussions with your fellow students over the week can also be a very valuable way to learn and can help develop your understanding and arguments.

Writing your essay

Once you have thought about your essay title and collated the notes from your reading you will be ready to start. Everyone takes a different amount of time to write an essay but as a guide, you should allow at least a morning or afternoon for planning and the same for the writing process. As each subject will have a different style of writing your tutor will be able to advise you appropriately and give you specific tips.

There are some general guidelines that apply to all subjects:

1. *Write a plan of what you intend to include.* This is vital to writing a good essay and worth spending time on. It will help you not only to digest the information, but also to organise your notes and ideas into a reasoned argument. Ensure there is unity in each paragraph (it may help to deal with each point in a separate paragraph) and a logical order to your ideas. Once you have done this, re-read the essay title and ensure that you are about to answer the question in full.
2. *Consider your audience.* You are writing for an intelligent person who knows at least as much if not more than you do about the subject. Some background material may be superfluous but take care not to cut out relevant information. Ask your tutor if you need advice on how much background information to include. Remember that when you come to revise you will be able to use your notes as well as your essay, so you do not need to include everything you have read in your essay.
3. *Clarity of expression* is essential in any essay. Do not use overly long sentences and avoid cumulative dependent clauses. Your argument will be lost if you do not express yourself clearly.
4. *Set your work out neatly.* Do not overcrowd a page or start quotations near the end of a line. If you are quoting verse, ensure it is in verse form. If you are quoting a formula, ensure it is clearly separated from the text. You could consider writing on one side of the paper only, to allow you to take notes during the tutorial. Ensure you leave enough space around the text to allow your tutor to add comments if they take the work in for marking. A tutor's feedback is essential to improving your work.

5. *You are likely to use a computer*, but legible handwriting is also fine. Remember that you will have to write your answers by hand for your examinations so it can be good practice to do so for some of your tutorial work.
6. *Your introduction should be succinct*. Outline the main points of your argument or the scientific technique in this paragraph. Analyse the question, explain any difficult or ambiguous concepts and then outline your proposed answer.
7. *Do not stray from the title*. If interesting ideas come to light during your reading, note them down and discuss them during the tutorial: do not include them if they are peripheral to the subject. These additional notes may be useful for revision.
8. *Consider the style of language* that you are using – reading widely will help you develop the appropriate style of writing.
9. *Only include relevant references and quotations*. If you are quoting work, ensure that you cite the source. Further details on how to do this are given below. If you are quoting from a poem or text in one of the arts subjects, you should also give a page or line reference. Ask your tutor how to do this.
10. *Be analytical; do not just write a survey of the literature*. If you disagree with a published opinion, justify your disagreement with evidence and argument. Be objective in your analysis.
11. *Try not to run out of steam before you get to the conclusion!* You need to include a carefully set out conclusion in which you should restate the arguments or main points of the essay and explain how you have reached your conclusions. You can also use ‘scholarly caution’ in this section, employ words such as ‘perhaps’ and ‘possibly’ in association with your ideas. Do not be afraid to mention unresolved points or to raise them in the tutorial.
12. *Consult your tutor* about whether you should include a bibliography at the end of the essay, listing all the books you have consulted in its preparation.
13. *Always read through your essay* before handing it in to check that your spelling, vocabulary and grammar are accurate. Sloppily-written work will not impress your tutor. Sometimes it helps to read your essay aloud.

Solving a set of problems

Everyone takes a different amount of time to solve a set of problems but as a guide, you should allow at least a morning or afternoon for the process. If it is a topic that you find particularly difficult, it would be wise to allow longer. The type of problem set will vary considerably. You may be presented with a set of maths problems, reaction equations or questions which will need a written paragraph to answer them. If you are unsure on how they need to be answered, ask your tutor for advice. Here are some general guidelines that apply to all subjects:

1. *Read the problems thoroughly.* This should be done as soon as possible after they are set so that you can ask your tutor about any sections which you do not understand.
2. *The problems may relate to a specific set of lectures or a chapter in one of the key texts.* Your tutor will be able to advise you on where to look for information. Spend some time reading the relevant texts or lecture notes, to help you to clarify the ideas in your mind.
3. Annotate your lecture notes or create supplementary notes if this helps you but do not lose sight of the task in hand.
4. *Set your work out neatly.* Do not overcrowd a page; writing on one side of the paper allows you to take notes during the tutorial. If you are quoting a formula, ensure it is clearly separated from the text or your other workings. Ensure you leave enough space around the text to allow your tutor to add comments, as their feedback is essential to improving your work.
5. *Write legibly or type your work.* Remember that you will have to write your answers by hand for your examinations so it can be good practice to do so for some of your tutorial work.
6. *Include all your workings* unless your tutor has specifically said not to. If you are uncertain how many of the intermediary steps to include, ask your tutor.

Citing references

Citing others' ideas and words is very important. If you do not, you are plagiarising and action will be taken against you (see the section on Plagiarism below). Every subject cites references in different ways. Individual journals within a very specialist field will also vary enormously from numbered to alphabetical lists, with different permutations of bold and italic type. Footnotes are used extensively in some subjects but never in others. **You should ask your tutor for guidance on this issue, as there are too many different styles to enumerate here.** However, when you need to refer to a text, you should include the following information:

1. Author's name, generally in the format of 'surname, initials'
2. Year of publication
3. Title of chapter or paper
4. Title of book or journal
5. For books: publisher, number of pages, edition number
6. For journals: volume, issue and page numbers of articles

The Librarian recommends the following book:

Pears, A & Shields, G. (2005) *Cite them right: the essential guide to referencing and plagiarism*. Newcastle upon Tyne: Pear Tree Books.

(Available in the Meyricke Library)

Two examples:

“Two distinct outbreak patterns have been reported for microdochium patch disease on golf turf, suggesting that *Microdochium nivale* may not be the sole disease-causing organism (Gange & Case, 2003).”

Gange, A.C. & Case, S.J. (2003). Incidence of microdochium patch disease in golf putting greens and a relationship with arbuscular mycorrhizal fungi. Grass and Forage Science. **58** (1): 58-62.

This myth, told originally by the ancient Greeks, describes a blessed island ‘beyond the north wind,’ a paradise of plenty, a land of perpetual Spring ‘with a delightful climate, exempt from every harmful blast,’ where everyone was healthy and happy.⁵³

⁵³ Pliny, *Natural History*, 4, 12, 26.

If you record this kind of information whilst you are doing your preparatory reading it will be easy to reorganise into the format preferred by your tutor. Ask your tutor for advice on citing references as each subject area can vary.

Do ask the Librarian about study guides in the College’s Meyricke Library.

Getting the most from a tutorial

The main aim of tutorials is to provide a forum for the discussion of ideas. A tutorial may begin with the tutor explaining some of the more difficult concepts and placing them into the context of the discipline but this should develop into a two-way exchange of ideas, resulting in both tutor and student coming to a new understanding of the subject matter. This may seem like a daunting prospect at first and some of your early tutorials will almost certainly involve your tutor helping you to bridge the gaps between your school experience and university course. However, as you begin to take in new concepts and ideas, you should be able to engage in debate with your tutor and tutorial partner.

Use the opportunities presented by the tutorial to increase your in-depth understanding of the subject. Question your tutor until you understand each concept in full. Make sure you take good notes but do not spend the whole tutorial writing. It may be more productive to write down general headings in the tutorial and add in full notes immediately afterwards while the ideas are fresh in your mind. This will help you to develop your critical understanding of the topic in a constructive way.

Another aim of the tutorial is to improve your written work by developing your organisational skills and strengthening the force of your arguments. Your tutor will be able to suggest ways to improve your work and, through the tutorial itself, provide you with a framework for your studies. You can also learn from your fellow students when reading essays, debating points or working through a problem on the board. By observing their techniques you can incorporate the most successful into your own repertoire.

Here are some good general rules for getting the most from your tutorials:

1. Always prepare the work you have been asked for. Additional work may also help you to gain different perspectives but it can also be counterproductive if it is untargeted.
2. Always hand in the work on time.
3. If you have any difficulties with the work, contact the tutor in advance. Hand in your work with an explanatory note if necessary.
4. Always arrive for the tutorial in good time.
5. If you have a problem in attending the tutorial or completing the work for it, let your tutor know well in advance. Tutors will try and adjust meetings to accommodate illness or other similar difficulties, but they have busy schedules and cannot alter arrangements merely for your convenience.
6. Always actively participate in the tutorial. Remember to take a pen and paper. You will not gain the full benefit of your tutor's experience if you treat it like a personal lecture. Ask your tutor to explain any concepts that you are unsure of and be prepared for a debate!
7. Do not worry about disagreeing with your tutor: so long as your argument is well reasoned they will respect your opinions. You should also be prepared to discuss ideas with your tutorial partners both inside and outside of the tutorial. Be prepared to speak up in a discussion and enjoy yourself!
8. The input your tutor gives you will depend on how you approach the tutorial. This is the benefit of the tutorial system, which is the most flexible method of teaching. The tutor can respond to your needs for clarification and your opinion on the subject. This means that you may cover different subject matter to a fellow student who has produced work to the same title.
9. You must attend scheduled tutorials, so always have your diary/personal organiser with you when you arrange them.
10. If you are experiencing particular difficulties with your work or feel that for one reason or another you are not best suited to your tutorial partner, make a separate appointment with your tutor to discuss this. If you feel reluctant to speak to your tutor, then arrange to talk to the Academic Director (see the 'Welfare support' section at the end).
11. After your tutorial, take a few minutes to write down what you have learnt while it is still fresh in your mind.

Making the most of lectures

In 0th Week of each term, your tutor will advise you about the lecture programme; how many, and which, lectures you should be attending in a week. You can also look up the lecture lists on the web at:

<http://www.ox.ac.uk/students/academic/lectures/>

In most subjects, lectures form an integral part of the course and are viewed as complementary to tutorials or classes. In a few subjects they are intended to be the main form of teaching. Lectures also have the following advantages:

1. The lecturer is often more up-to-date than the textbooks (they have access to a wider range of source material and the latest ideas, often because they are doing the research themselves). In subjects where the source material is diverse and scattered, the lecturer will have spent time and energy on searching out material, sifting it and ordering it. Why repeat all that hard work yourself?
2. The lecturer may have a different viewpoint or a different way of explaining things from any text or your tutor (and you may learn more from comparing different approaches than by relying on a single source).
3. The lecturer may just be very good at making their subject interesting, exciting and/or relevant.
4. The lecturer may be so well known in your subject that it is interesting to hear them live and find out what sort of person they are.
5. Examiners may use the lecture courses to decide on the sorts of things they will set questions on and the depth of knowledge they expect in the answers (i.e. use the lectures to define the exam syllabus), as well as basing specific questions on material that they know has been covered in detail and is available to all students (unlike material covered in college tutorials).

Take lectures seriously and get into the lecture habit early. These are a good way of meeting your contemporaries in your subject from other colleges, and of hearing their tutors holding forth. You may later regret having missed the chance of hearing X or Y on your subject.

Take notes during lectures, if only to help you concentrate on what is being said. However, the first priority is to understand what is going on. Do not try to take over-detailed, hurried notes during the lecture. Take down major points and the overall thread of the argument.

You may feel that you are not getting anything out of the first lecture or two. Even so, it is worth persevering. You may have done the work already - but you will probably understand the subject better for having gone over it twice. You may feel that the lectures are not relevant to work you are doing at present - but they may be relevant to work that you will be doing in the next term or next year. You may have difficulty understanding what is going on - but even if you understand only 10% of the ideas, that still gives you a 10% start if you have to tackle the subject later in tutorials or classes. You may find the lecturer boring - but that does not devalue the content: give lectures a chance to warm up before you decide to drop them. In

the sciences, don't drop any lectures lightly. Scientists will also be busy with practical classes, so should appreciate the time saving aspects of lectures all the more!

Every lecturer has their own way of organising information, but you are likely to encounter two types of lecture and you will develop a different style of note taking for each. In the first kind, the lecturer gives an overview of the subject material and in the second kind you will be given an introduction to specific techniques. Often the second kind of lecture is more structured than the first. Be prepared to change the way you take your notes during the course of the lecture. It is often worthwhile to read through your notes immediately after the lecture so that you can highlight the key points and annotate where necessary. Some students re-write all their lecture notes afterwards but you need to consider whether this is an effective use of your time.

Managing your workload

Effective time management is one of the most important skills to develop during your time at Oxford. University is not like school, where your time was well structured by your teachers. Here, you need to devise your own timetable. In order to succeed at Oxford you will need to be **hard working** and **well organised**. These are extremely valuable skills to employers and will also help you to cope with the challenges involved in your later working life.

When you first arrive it can be daunting to see the number of lectures, tutorials, seminars, classes and practicals that you need to attend. You need to remember to **allow yourself 'thinking time'** so that you can digest the information you are being given and **make a note of questions you would like to ask your tutor**. Of course, it is also important to allow yourself time to relax and enjoy the opportunities presented by life as a student in Oxford. But how can you balance these demands?

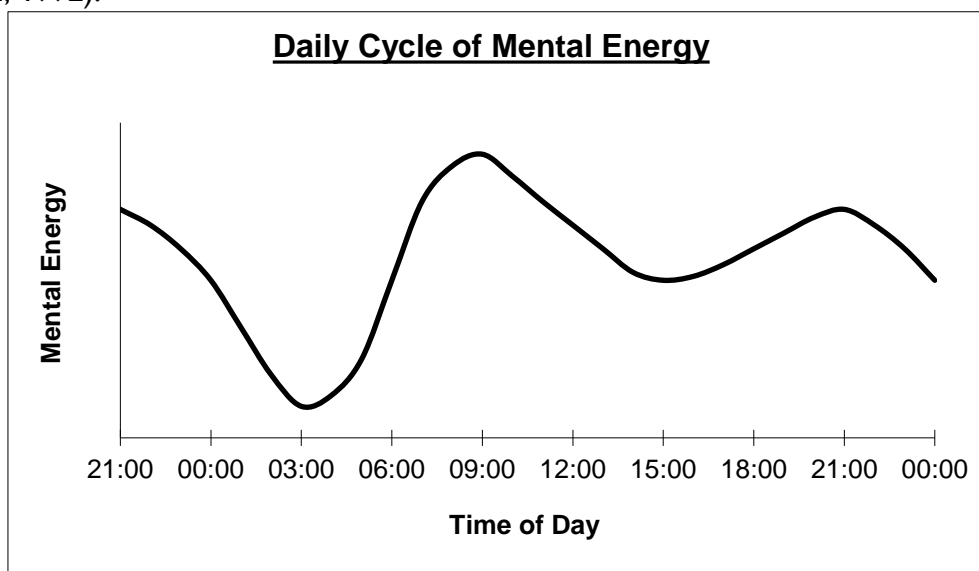
"Lack of organization" is sometimes used by students as a feeble excuse for not working hard enough. All students should treat their degree as they would a full-time job. It is not something which one fits around other interests. You have applied in a very competitive field and told us you are passionate about your subject. So we expect you to devote the majority of your time on your academic studies and fit in any non-curricular activities you enjoy around your studies. Therefore, students should count on an average of about 8 hours work, Monday to Friday, during term. Good organization means fitting these hours into your other activities, and pacing yourself so that you avoid last minute panics. Never say: "I will change my ways from next (whatever)". Start keeping to this average and according to plan from the very beginning, because once you fall behind, experience shows it is very difficult to catch up and do yourself justice.

A few tips

- ☑ Use the calendar on your smartphone/tablet or buy a diary/personal organiser and notepad. Enter all of your academic commitments into this diary so you can see where you need to be and when. Keep an up-to-date copy of this information in your room (lots of places give away free wall planners at the start of term – Freshers Fair is a good source for your first one), then you can book in times for major tasks such as preparing for tutorials or writing up your laboratory notes. Being organised will help you to make the

most of your relaxation time, because you should have fewer of those nagging feelings that you should be somewhere else.

- ☑ Keep on top of your filing. You may wish to begin with a single large folder with coloured paper dividers for each subject, but you will soon find that your work out-grows this. It may prove useful to have a file for each unit of your course, each with three sections 1: Lecture notes; 2: Tutorial work and notes; 3: Practicals or Miscellaneous. Alternatively, file your notes and work on your computer so it is easy to find again using a similar system to the one recommended for hard-copy filing.
- ☑ It is worth considering when you are at your most productive to get the most out of your work. Most people have a time of day when they know they produce their best work. The graph below shows the daily cycle of mental energy for a typical person (based on Field, 1992).



Try to schedule preparation work for tutorials during your most productive part of the day and use your less productive times for more routine tasks such as checking your emails. Remember to include breaks in your schedule. It is important to take a break away from your desk if you are becoming unproductive – a five-minute break may be enough to get you back into optimal working mode. If you have problems deciding what to do when, consider whether the task is important or unimportant, urgent or non-urgent. Do not be afraid to put a 'Do Not Disturb' sign on your door when you are working - everyone understands the need for periods of uninterrupted work!

Although it may be tempting, avoid listening to your i-pod and checking email, Facebook or text-messages when you are studying. You will be far more productive if you stick to sustained periods of concentration with scheduled breaks than if you are constantly going back and forth between your work and social life!

Remember that amidst the social, sporting and other College and University attractions, your first and overriding responsibility is your academic work, and you should expect this to take the majority of your time.

The key to success is planning your days, and sticking to your plan!

More advice on time management can be found at:
<https://www.ox.ac.uk/students/academic/guidance/skills/time>

Using your vacations

Both on the academic and non-academic side, you're likely to find yourself very pressed for time in Oxford during term. You can remove some of this pressure by making good academic use of the vacations. In a number of subjects the vacation is the time for reading large numbers of essential texts; in others, it is the time for extended essays or projects. It is most important not to neglect this work since failure to cover the texts or other preparatory work in vacations can seriously impede your tutorial work in the following term.

Vacations are also a very good time for general background reading and for tidying up work left over from the previous term. Your tutor may also set specific vacation work. If you leave this until you come back to Oxford at the beginning of the next term, then you will just create more problems for yourself. You need to plan your vacation work before you leave Oxford to make sure that you have available all the information and resources that you need (e.g. borrowing books you need from Oxford libraries or arranging the use of a library close to where you will be staying during the vacation).

Of course, we are aware that vacations are important for seeing family and friends, re-charging your batteries and probably earning some money. But you should be aware that you will need to set aside a reasonable proportion of them for your academic work.

Feedback on performance

Feedback from your tutors is one of the most effective ways to develop your study skills whilst at Oxford. Most of the feedback on your work will be given orally during tutorials and some will appear as marks on your submitted work. Your tutor may not give precise grades for each essay or set of problems; constructive criticism and advice is more helpful than placing you in a league table. If you would like more detailed feedback during term, ask your tutor. Each person who has taught you during term will write an end-of-term report on your performance, which your College tutor will normally discuss with you at a meeting at the end of each term. Reports appear online and you will be able to view them there. The reports will form the focus of the annual meeting you will have with the Principal, Academic Director and your tutors, called 'Principal's Collections' (see below).

Your progress will also be monitored through two kinds of **'Collections'**.

1. **'Collections'** are **college examinations** that are set at the start of term. On Friday and Saturday of 0th Week, tutors regularly set examinations which are designed to test either or both of a) work done in the previous term and b) vacation work done to prepare for the term ahead. At the end of term, your tutors will give you notice of what sort of Collections you will be set and you should plan your vacation work accordingly. Collections are taken without wearing gowns but under exam conditions – i.e. invigilated, timed and in silence, in various locations around College.

You may think that as these are College examinations which do not contribute to your Public Examination marks, you do not have to take them seriously. This would be a big mistake! Take these examinations seriously by preparing for them properly, arriving on time for them, and writing legibly. Collections are valuable for consolidating a topic through revision, giving continuous exam practice through your time at Oxford, and providing you with an idea of the standard of your work in terms of the standards used in University exams.

Timetables are emailed two weeks before Friday of 0th Week, and put up on noticeboards in the Lodge and JCR and on the Academic Office website <https://intranet.jesus.ox.ac.uk/academic-office/collections-gaprs> in 0th Week. Collection scripts are marked by your tutors and returned to you in the early part of term. Please note, sometimes tutors may set a vacation essay instead of an exam-type Collection.

Remember, you can be awarded an Academic Prize for Collections by the Governing Body worth £60 in books if you do well in Collections over the academic year (usually a borderline First/IIi or above).

However, if you perform poorly, the College may commence Academic Discipline Procedures which can have serious consequences.

2. You will also have an annual **'Principal's Collection'** in 8th week of one of the terms, where you will discuss your academic and personal progress with the Principal, the Academic Director and your College tutors. All present, including you, wear their gowns. During the short meeting your reports and progress will be discussed as well as your future study plans and your plans for the coming vacation. You will be asked to comment on your performance and which areas of study require improvement. The meeting provides an opportunity for you to discuss the year's work, and to make any comments that you think appropriate.

You will have the opportunity to give your feedback on the performance of your lecturers and tutors. This will generally take the form of questionnaires sent out by the College or Department. The Jesus College questionnaire is emailed to you at the end of each term.

It is in your interest to complete and return these forms, so please try to do so. The Academic Director writes a report each term for Academic Committee regarding this feedback and follows up specific points with individual tutors and lecturers. There are also two book tokens for £25 or bottles of champagne available for two lucky winners drawn at random.

Plagiarism

Plagiarism is the copying or paraphrasing of other people's work or ideas into your own work without full acknowledgement. All published and unpublished material, whether in manuscript, printed or electronic form, is covered under this definition. Collusion is another form of plagiarism involving the unauthorised collaboration of students (or others) in a piece of work. If a friend lends you their work, do not copy it.

Plagiarism is dishonest and is a form of cheating. There is no excuse for plagiarism and stating that you 'hadn't meant to' or 'hadn't realised' that you had 'unwittingly' copied someone else's words or ideas will get you nowhere. *The basic principle is that no one should pass off someone else's work as if it were their own.* There is nothing wrong *using* someone else's work. Academic work almost always builds on previous work. But when you are quoting someone else, or using their work in another way, *you must say so*. You will get credit for it, because you are revealing the reading you have done. The more authoritative the source you use to support an argument, or describe an event, the better. It can be acknowledged in your text ("Jones writes:") or you might prefer to put a footnote ("See Jones, *Title of work*, p. 100"). So, *never* use another's words, or ideas, as if they were yours. Quite apart from the dishonesty, it is important to practise expressing things in your own words. If you need to quote another person directly, then acknowledge it.

A student who argues that they did not acknowledge properly another person's ideas or words because they were taking notes in a hurry etc are revealing that they are not working properly or efficiently. It is important when you are taking notes to ensure that you are clear when you quoting someone and to take down page references etc so that you can cite them in your own work.

Plagiarism is not tolerated either within College or the University as a whole. If you are unsure how to acknowledge the source you should first speak to your tutor and alternatively refer to the section above entitled 'Citing references'.

Cases of suspected plagiarism in assessed work are investigated under the disciplinary regulations concerning conduct in examinations (if plagiarism is detected in University exams or under the College's Academic Discipline Procedures if plagiarism was committed as part of your termly college work). Intentional or reckless plagiarism may incur severe penalties, including failure of your degree or expulsion from the University and College.

The University monitors a range of essay sources (e.g. online databases and personal essay writing services) and penalties for plagiarism are severe.

The regulations apply to all work either in examination conditions or not, and any submitted material may be checked for plagiarism, whether it has been done in examination conditions or not.

The University regulations on plagiarism can be found in the Conduct in Examinations section of the 'Essential Information for Students (Proctors' and Assessor's Memorandum)' which every student has access to. Spare copies are available in the Academic Office. Please see Appendix A of this Study Guide for the further information on the University's definition of plagiarism. Students who plagiarise are at risk of being expelled.

For further information and links to electronic resources you may wish to look at:

<http://www.ox.ac.uk/students/academic/guidance/skills>

You may be aware that there is an industry in essays published on the internet. Do not be tempted to use them - you will be throwing away the essential part of the learning process: you will be the loser. You will disadvantage yourself in preparing for the examination. Examiners and tutors are better at spotting this than students realise.

What kind of study support is available?

There are a large number of books with advice on how to develop your study skills. The Meyricke Undergraduate Library at Jesus has a collection of general books shelved in the Lower Library Gallery: more specific guides are shelved with their respective subjects. The study skills section of your Departmental or Faculty library will also have materials relevant to your subject.

For a description of Oxford tutorials, including their content and purpose:

- Palfreyman, D. (ed) (2001) *The Oxford Tutorial: 'Thanks, you taught me how to think'.* OxCHEPS.

Blackwells Bookshop publishes a range of leaflets on different aspects of study, including 'How to write essays', 'Reading for study', 'Improve your memory', 'Citing references' and 'Taking notes from lectures'.

Oxford University Student Union (OUSU) offers comprehensive advice as well as providing an extensive range of information resources to help with study and revision skills. See their website for further information:

<https://www.oxfordsu.org/>

The University Counselling Service also has a useful selection of podcasts on revision and exams which can be found on their website:

<https://www.ox.ac.uk/students/welfare/counselling/self-help/podcasts>

Learning Difficulties (eg. Dyslexia and Dyspraxia)

If you have a learning difficulty (such as dyslexia or dyspraxia), there is a range of support that the University and College can offer. We do encourage you to come forward, as a number of students do every year, so we can work out the best ways to provide the help you may need.

1. If you have already been diagnosed with a learning difficulty then you need to let your College tutor know, and make an appointment to see the Academic Services Manager. We can then check whether your educational psychologist's report meets Oxford University standards, and arrange for special provision for university exams, College Collections, and any study support you may require. If your existing report does not meet University standards then we will arrange for you to be reassessed.
2. If you have not been diagnosed, but think you might have dyslexia, dyspraxia or another condition, then you need to make an appointment to see the Academic Services Manager so we can arrange for you to be assessed by a University-approved educational psychologist as the first step.

Individual needs and exams

If you need any individual provision in University exams (such as extra time or rest breaks), the College has to arrange this in good time with the University, well before you are due to sit your exams; so do not delay taking the action on the points above. Please enter for your exams according to the advertised deadlines (provided by the Academic Office) and act in Michaelmas Term if at all possible regarding individual provision needs. The Proctors set a deadline at the start of May for notifying any individual needs for exams, and all cases bar emergencies must be sorted out by then. If you would like to look up more information about studying with a disability at Oxford, please see:

<http://www.ox.ac.uk/students/welfare/disability>

Welfare support

If you have academic or personal issues that you would like to discuss with someone, you may talk to your tutor. However, there are also a number of other people who you may feel are more relevant to your problem.

The Academic Director (Dr Alexandra Lumbers) has general responsibility for the academic administration of the College, including students' academic progress. She is happy to see you about *any* matter that is troubling you. An appointment to see her can be made by calling in to the Academic Office or by emailing alexandra.lumbers@jesus.ox.ac.uk.

The Principal (Sir Nigel Shadbolt) is also available to see students on any matter, by appointment with his secretary (principals.secretary@jesus.ox.ac.uk).

The Welfare Officer, Kirren Mahmood (welfare@jesus.ox.ac.uk) is available to see students on any matter on Tuesdays, Wednesdays, and Thursdays. The College has a Disability and Grants Officer who can help students with disabilities and condition and also those with financial difficulties. Remember too that help is available from the College Nurse (Carolyn Ruhle), the College Doctor (Dr Cathy Aylward), and the Welfare Fellow (Prof Caroline Warman). The Chaplain (Dr. Rev'd Chris Dingwall-Jones) is available to provide pastoral support. Full details of these people are listed in the leaflet 'Jesus College, Oxford: Welfare Provision 2022-23' which are placed in your pigeon at the start of each term (further copies are available from the Lodge) and the leaflet is also available on the Jesus College welfare intranet page <https://intranet.jesus.ox.ac.uk/welfare>.

The Junior Common Room (JCR) has two dedicated Welfare Officers (one male and one female) who can offer help. The JCR also runs a 'Peer Support' programme where you can talk to other students in confidence about your difficulties. Details of this are on posters located around College including in the JCR, Computing Room and outside the Library. The Welfare Support offered by the JCR is also detailed at:

<http://jcr.jesus.ox.ac.uk>

Students can approach the University Counselling Service independently and in complete confidence. Full details are detailed at:

<https://www.ox.ac.uk/students/welfare/counselling>

You can also email them on:

reception@counserv.ox.ac.uk

OUSU also runs a full range of welfare support schemes:

<https://www.oxfordsu.org/>

Nightline, run by students, offers support and advice between 8pm-2am Mondays to Thursdays and Saturdays, and 8pm-8am on Fridays and Sundays, 0th week to 9th week during Oxford term time on 01865 270270 (just dial 70270 from any University telephone). Further information is available at:

<https://oxford.nightline.ac.uk/>

The College's Junior Deans are available in the evenings and weekends in weeks 0-9 – see their details on the Welfare Leaflet. If you do experience difficulties, there really are many sources of help, so please never be afraid to ask.

References

Field, T. (1992). *The Time of your Life*. CUA Good Practice Series No.12. CUA, Manchester

APPENDIX A

UNIVERSITY DEFINITION OF PLAGIARISM

www.ox.ac.uk/students/academic/guidance/skills/plagiarism

All published and unpublished material, whether in manuscript, printed or electronic form, is covered under the term plagiarism. Collusion is another form of plagiarism involving the unauthorised collaboration of students (or others) in a piece of work. Plagiarism is a breach of academic integrity. It is a principle of intellectual honesty that all members of the academic community should acknowledge their debt to the originators of the ideas, words, and data which form the basis for their own work. Passing off another's work as your own is not only poor scholarship, but also means that you have failed to complete the learning process. Deliberate plagiarism is unethical and can have serious consequences for your future career.

Why should you avoid plagiarism?

You have come to university to learn to know and speak your own mind, not merely to parrot the opinions of others. At first it may seem very difficult to develop your own views, and you will probably find yourself paraphrasing the writings of others as you attempt to understand and assimilate their arguments, however, it is important that you learn to develop your own voice. You are not necessarily expected to become an original thinker, but you are expected to be an independent one - by learning to critically assess the work of others, weigh up differing arguments and draw your own conclusions.

What to avoid

The necessity to reference applies not only to text, but also to other media, such as computer code, illustrations, graphs etc. It applies equally to published text drawn from books and journals, and to unpublished text, whether from lecture handouts, theses or other students' essays. You must also attribute text or other resources downloaded from websites. Various forms of plagiarism include:

Verbatim quotation without clear acknowledgement

Quotations must always be identified as such by the use of either quotation marks or indentation, with adequate citation. It must always be apparent to the reader which parts of your assessment are your own work and where you have drawn on someone else's ideas and language.

Paraphrasing

Paraphrasing the work of others by altering a few words and changing their order or by closely following the structure of their argument, is plagiarism because you are deriving your words and ideas from their work without giving due acknowledgement.

Even if you include a reference to the original author in your own text you are still creating a misleading impression that the paraphrased wording is entirely your own. It is better to write a brief summary of the author's overall argument in your own words than to paraphrase particular sections of his or her writing. This will ensure you have a genuine grasp of the argument and will avoid the difficulty of paraphrasing without plagiarising. You must also properly attribute all material you derive from lectures.

Cutting and pasting from the Internet

Information derived from the Internet must be adequately referenced and included in the bibliography. It is important to evaluate carefully all material found on the Internet, as it is

less likely to have been through the same process of scholarly peer review as published sources.

Collusion

This can involve unauthorised collaboration between students, failure to attribute assistance received, or failure to follow regulations on group work projects. It is your responsibility to ensure that you are entirely clear about the extent of collaboration permitted, and which parts of the work must be your own.

Inaccurate citation

It is important to cite correctly, according to the conventions of your discipline. Additionally, you should not include anything in a footnote or bibliography that you have not actually consulted. If you cannot gain access to a primary source you must make it clear in your citation that your knowledge of the work has been derived from a secondary text (for example, Bradshaw, D. Title of Book, discussed in Wilson, E., Title of Book (London, 2004), p. 189).

Failure to acknowledge

You must clearly acknowledge all assistance which has contributed to the production of your work, such as advice from fellow students, laboratory technicians, and other external sources. This need not apply to the assistance provided by your tutor or supervisor, nor to ordinary proofreading, but it is necessary to acknowledge other guidance which leads to substantive changes of content or approach.

Professional agencies

You should neither make use of professional agencies in the production of your work nor submit material which has been written for you. It is vital to your intellectual training and development that you should undertake the research process unaided.

Auto-plagiarism

You must not submit work for assessment which you have already submitted (partially or in full) to fulfil the requirements of another degree course or examination, unless this is specifically provided for in the special regulations for your course.

What happens if you are suspected of plagiarism?

The regulations regarding conduct in examinations apply equally to the 'submission and assessment of a thesis, dissertation, essay, or other coursework not undertaken in formal examination conditions, but which counts towards or constitutes the work for a degree or other academic award'. Additionally, this includes the transfer and confirmation of status exercises undertaken by graduate students. Cases of suspected plagiarism in assessed work are investigated under the disciplinary regulations concerning conduct in examinations. Intentional or reckless plagiarism may incur severe penalties, including failure of your degree or expulsion from the university.

If plagiarism is suspected in a piece of work submitted for assessment in an examination, the matter will be referred to the Proctors. They will investigate the claim and summon the student concerned for interview. If at this point there is no evidence of a breach of the regulations, no further action will be taken. However, if it is concluded that an intentional or

reckless breach of the regulations has occurred, the Proctors will refer the case to one of two disciplinary panels. Visit student conduct for information on disciplinary procedures.

Does this mean that I shouldn't use the work of other authors?

On the contrary, it is vital that you situate your writing within the intellectual debates of your discipline. Academic essays almost always involve the use and discussion of material written by others, and, with due acknowledgement and proper referencing, this is clearly distinguishable from plagiarism.

The knowledge in your discipline has developed cumulatively as a result of years of research, innovation and debate. You need to give credit to the authors of the ideas and observations you cite. Not only does this accord recognition to their labours, it also helps you to strengthen your argument by making clear the basis on which you make it. Good citation practice gives your reader the opportunity to follow up your references, or check the validity of your interpretation.

Does every statement in my essay have to be backed up with references?

You may feel that including the citation for every point you make will interrupt the flow of your essay and make it look very unoriginal. At least initially, this may sometimes be inevitable. However, by employing good citation practice from the start, you will learn to avoid errors such as sloppy paraphrasing or unreferenced quotation.

It is important to understand the reasons behind the need for transparency of source use. All academic texts, even student essays, are multi-voiced, which means they are filled with references to other texts. Rather than attempting to synthesise these voices into one narrative account, you should make it clear whose interpretation or argument you are employing at any one time (whose 'voice' is speaking).

If you are substantially indebted to a particular argument in the formulation of your own, you should make this clear both in footnotes and in the body of your text, before going on to describe how your own views develop or diverge from this influence.

It is not necessary to give references for facts that are common knowledge in your discipline. If you are unsure as to whether something is considered to be common knowledge or not, it is safer to cite it anyway and seek clarification. You do need to document facts that are not generally known and ideas that are interpretations of facts.

Does this only matter in examinations?

Although plagiarism in weekly essays does not constitute a University disciplinary offence, it may well lead to college disciplinary measures. Tutorial essays traditionally do not require the full scholarly apparatus of footnotes and referencing, but it is still necessary to acknowledge your sources and demonstrate the development of your argument, usually by an in-text reference. Many tutors will ask that you do employ a formal citation style early on, and you will find that this is good preparation for later project and dissertation work.

Unintentional plagiarism

Not all cases of plagiarism arise from a deliberate intention to cheat. Sometimes students may omit to take down citation details when copying and pasting, or they may be genuinely ignorant of referencing conventions. However, these excuses offer no protection against a charge of plagiarism. Even in cases where the plagiarism is found to have been unintentional, there may still be a penalty.

It is your responsibility to find out the prevailing referencing conventions in your discipline, to take adequate notes, and to avoid close paraphrasing. The advice contained in your subject handbook will help you learn how to avoid common errors. If you are undertaking a project or dissertation you should ensure that you have information on plagiarism and collusion. If in doubt about referencing, paraphrasing or plagiarism, ask your tutor.

Examples of plagiarism

The following examples demonstrate some of the common pitfalls to avoid. These examples use the referencing system prescribed by the History Faculty but should be of use to students of all disciplines.

Source text

From a class perspective this put them [highwaymen] in an ambivalent position. In aspiring to that proud, if temporary, status of 'Gentleman of the Road', they did not question the inegalitarian hierarchy of their society. Yet their boldness of act and deed, in putting them outside the law as rebellious fugitives, revived the 'animal spirits' of capitalism and became an essential part of the oppositional culture of working-class London, a serious obstacle to the formation of a tractable, obedient labour force. Therefore, it was not enough to hang them – the values they espoused or represented had to be challenged.

(Linebaugh, P., *The London Hanged: Crime and Civil Society in the Eighteenth Century* (London, 1991), p. 213. [You should give the reference in full the first time you use it in a footnote; thereafter it is acceptable to use an abbreviated version, e.g. Linebaugh, *The London Hanged*, p. 213.]

Plagiarised

Although they did not question the inegalitarian hierarchy of their society, highwaymen became an essential part of the oppositional culture of working-class London, posing a serious threat to the formation of a biddable labour force. (This is a patchwork of phrases copied verbatim from the source, with just a few words changed here and there. There is no reference to the original author and no indication that these words are not the writer's own.)

Although they did not question the inegalitarian hierarchy of their society, highwaymen exercised a powerful attraction for the working classes. Some historians believe that this hindered the development of a submissive workforce. (This is a mixture of verbatim copying and acceptable paraphrase. Although only one phrase has been copied from the source, this would still count as plagiarism. The idea expressed in the first sentence has not been attributed at all, and the reference to 'some historians' in the second is insufficient. The writer should use clear referencing to acknowledge all ideas taken from other people's work.)

Although they did not question the inegalitarian hierarchy of their society, highwaymen 'became an essential part of the oppositional culture of working-class London [and] a serious obstacle to the formation of a tractable, obedient labour force'.¹ (This contains a mixture of

attributed and unattributed quotation, which suggests to the reader that the first line is original to this writer. All quoted material must be enclosed in quotation marks and adequately referenced.)

Highwaymen's bold deeds 'revivified the "animal spirits" of capitalism' and made them an essential part of the oppositional culture of working-class London.¹ Peter Linebaugh argues that they posed a major obstacle to the formation of an obedient labour force. (Although the most striking phrase has been placed within quotation marks and correctly referenced, and the original author is referred to in the text, there has been a great deal of unacknowledged borrowing. This should have been put into the writer's own words instead.)

By aspiring to the title of 'Gentleman of the Road', highwaymen did not challenge the unfair taxonomy of their society. Yet their daring exploits made them into outlaws and inspired the antagonistic culture of labouring London, forming a grave impediment to the development of a submissive workforce. Ultimately, hanging them was insufficient – the ideals they personified had to be discredited.¹ (This may seem acceptable on a superficial level, but by imitating exactly the structure of the original passage and using synonyms for almost every word, the writer has paraphrased too closely. The reference to the original author does not make it clear how extensive the borrowing has been. Instead, the writer should try to express the argument in his or her own words, rather than relying on a 'translation' of the original.)

Non-plagiarised

Peter Linebaugh argues that although highwaymen posed no overt challenge to social orthodoxy – they aspired to be known as 'Gentlemen of the Road' – they were often seen as anti-hero role models by the unruly working classes. He concludes that they were executed not only for their criminal acts, but in order to stamp out the threat of insubordinacy.¹ (This paraphrase of the passage is acceptable as the wording and structure demonstrate the reader's interpretation of the passage and do not follow the original too closely. The source of the ideas under discussion has been properly attributed in both textual and footnote references.)

Peter Linebaugh argues that highwaymen represented a powerful challenge to the mores of capitalist society and inspired the rebelliousness of London's working class.¹ (This is a brief summary of the argument with appropriate attribution.)

¹ Linebaugh, P., *The London Hanged: Crime and Civil Society in the Eighteenth Century* (London, 1991), p. 213.